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EDUCATION

Ph.D. (Educational Psychology), May 2024

Universiti Malaya (Malaysia)

Postgraduate Certificate in Higher Education Practice (Distinction), July 2024

Sunway University (Malaysia)

M.Ed. (Educational Psychology), Sept 2019

Universiti Malaya (Malaysia)

B.A. (Honours – Class 1) in Psychology, May 2013

University of British Columbia (UBC; Canada)

Cambridge International Certificate in Teaching and Learning (Distinction), Apr 2019

Cambridge Assessment International Education, University of Cambridge (UK)

International Summer Campus, Aug 2012

Korea University (South Korea)

WORK EXPERIENCE

Chief Design Officer (CDO), ideaVit, Dec 2024 – present

Principal Consultant, ideaVit, Aug 2024 – Dec 2024

Human Resource Development Corporation (HRDC) Accredited Trainer, Oct 2024 – present

Human Resource Development Corporation (HRDC) TTT Exempted Trainer, Aug 2024 – Oct 2024

Assessment Specialist – Examiner, Author, Cambridge University Press & Assessment, Mar 2019 – present

Marking candidates' scripts and completing required supporting documentation; creating question papers and marking schemes; creating syllabus contents

Senior Teaching Fellow (Psychology), School of American Education (SAE), Sunway University, Jan 2023 – Dec 2024

Preparing and conducting lectures, creating and grading assessments, handling subject administration, providing academic counseling, engaging in advanced scholarship, assisting with management, and mentoring junior staff

Teaching Fellow (Psychology), Sunway University, Jan 2022 – Dec 2022

Prepared and conducted lectures, created and graded assessments, handled subject administration, provided academic counseling, and engaged in advanced scholarship

Lecturer (Psychology), Sunway University, May 2021 – Dec 2021

Prepared and conducted lectures, created and graded assessments, handled subject administration, provided academic counseling, and conducted research

Lecturer (Psychology), HELP University, Sept 2019 – May 2021

Prepared and conducted lectures, created and graded assessments, handled subject administration, and conducted research

Lecturer (Psychology), HELP International School, Aug 2017 – Apr 2021

Prepared and conducted lectures, graded assessments, and handled subject administration

Senior Tutor (Psychology), HELP University, Dec 2015 – Aug 2019

Prepared and conducted tutorials, assisted lecturers with administration, marked assignments, coordinated events, conducted research, assisted in hiring and training of new tutors, managed the tutors' team, and coordinated tutors' personal development program

Research Consultant, HELP International School, May 2017 – Oct 2018

Provided guidance and training for staff in conducting research on educational/school psychology related topics

Lecturer (Personal Development and Leadership), HELP Matriculation Centre, HELP University, Apr 2017 – Aug 2017

Prepared and conducted lectures, graded assessments, and handled subject administration

Tutor (Psychology), HELP University, Nov 2013 – Nov 2015

Prepared and conducted tutorials, assisted lecturers with administration, marked assignments, coordinated events, and conducted research

Columnist, Free Malaysia Today, July 2013 – Feb 2014

Wrote articles on various social issues in Malaysia

HONOURS AND AWARDS

Award for Excellence in Teaching (Commendation), Sunway University, 2024

Student Appreciation of Teaching Award, Sunway University, 2022; 2023; 2024

School of American Education (SAE) Dean's Award, for Student Engagement, Sunway University, 2024

SAE Dean's Award, for First Time Commercialization Earnings, Sunway University, 2024

SAE Dean's Award, for First Q1/Q2 Publication as First Author, Sunway University, 2024

Fellow, Advance HE, 2024

Tan Sri Sir Jeffrey Cheah Scholastic Award, Sunway University, 2024

UBC Graduation Student Speaker/Valedictorian, 2013

UBC Wesbrook Scholar (named one of UBC's top 20 senior students) (\$1000), 2013

Dean's List, UBC Faculty of Arts, 2011-2013

Outstanding Research Talk, 15th Annual UBC Psychology Undergraduate Research Conference (\$200), 2013

Dean's Outstanding Leader in the Faculty of Arts Award, UBC, 2013

The Zhang Scholarship (for impressive achievements in academics, leadership, and service), UBC Golden Key International Honours Society (\$500), 2013

UBC Faculty of Arts International Student Scholarship (for strong academic achievement, engagement in the faculty, and the potential to make a scholarly contribution) (\$5000), 2012

Participant, UBC Arts Leaders Retreat, 2012

William Eugene MacInnes Memorial Scholarship (for scholastic standing and achievement in student government) (\$1100), 2012

UBC International Undergraduate Award in Psychology (\$1000), 2012
UBC Trek Excellence Scholarship for Continuing Students (\$4000), 2011 and 2012
Universitas 21 (U21) Fellowship Fund (\$350), 2012
UBC Go Global International Learning Programs Award (\$1000), 2012
UBC Psi Chi Suedfeld Scholar Award (for outstanding academics, research, and service/leadership) (\$500), 2012
UBC Perry Barr Hall Scholarship (on recommendation of the Dean of Arts) (\$1000), 2011
Charter Member, Psi Chi - The International Honour Society in Psychology (UBC Chapter), 2011
Member, Golden Key International Honours Society (UBC Chapter), 2010
UBC Trek Excellence Scholarship (International Students) (\$1000), 2010
UBC President's Entrance Scholarship (\$3000), 2009
Top Social Science Student Award - International Canadian Pre-University Program, 2009
Malaysian Public Service Department Scholarship, 2008
Student Leader Award - Tok Perdana Secondary School, Perak, Malaysia, 2007

LEADERSHIP AND SERVICE ROLES

Reviewer, Acta Psychologica, June 2025 – present
Board Member, Private Education Co-operative of Malaysia (EduCoop), June 2025 – present
Reviewer, International Journal of Evaluation and Research in Education, Jan 2025 – present
Vice President II, Malaysian Association for Education, Aug 2024 – present
General Committee Member, Malaysia Educational Psychology Society, May 2024 – present
Steering Committee Member and **Lead** of Course Working Group, CERTE (Connecting and Equipping Refugees for Tertiary Education), Fugee, Feb 2024 – present
Reviewer, Journal of School and Educational Psychology, Feb 2024 – present
Reviewer, International Journal of Changes in Education, Jan 2024 – present
Reviewer, International Journal of Health, Wellness and Society, Oct 2023 – present
Reviewer, Jurnal Penyelidikan Pendidikan dan Teknologi Malaysia, Jan 2023 – present
Reviewer, Journal of University Teaching and Learning Practice, Oct 2020 – present
Member, HundrED Academy; HundrED Advisory Board, May 2020 – present
Ambassador, HundrED.Org, April 2020 – present
Course Facilitator, EDI OpenLearning Course, Sunway University, Jan 2024 – Dec 2024
Founding Coordinator, SAE Academia Trainee Program, Sunway University, Jan 2024 – Dec 2024
Founding Advisor, SAE Student Bulletin – The Americana, Sunway University, Oct 2023 – Dec 2024
Member, Curriculum Design Review Panel, Sunway University, Oct 2023 – Dec 2024
SAE Representative, Sunway Academic Staff Association (SASA), Sept 2023 – Dec 2024
Program Leader – BA Psychology, Sunway University, Sept 2023 – Dec 2024
Advisor, Rotaract Club, Sunway University, July 2023 – Dec 2024
Member, School Education Committee, Sunway University, July 2023 – Dec 2024
Founding Advisor, Sunway Clubhouse (creating inclusive space for students), Sunway University, Apr 2023 – Dec 2024
Internal ISO Auditor, Sunway University, Mar 2023 – Dec 2024

Member, We-CARE (academic and emotional support), Sunway University, Oct 2021 – Dec 2024

Member, Faculty Assessment Board Committee, Sunway University, May 2021 – Dec 2024

Member, Subject Assessment Board Committee, Sunway University, May 2021 – Dec 2024

Founding Coordinator, SAE Educators Brown Bag sessions, Sunway University, Oct 2023 – Sept 2024

Academic Co-Chair, Psychology Undergraduate Program, HELP University, Feb 2021 – May 2021

Faculty Advisor, HELP University Huskies Captain Ball Club, Oct 2020 – May 2021

Charter Member, HELP University Staff Toastmasters Club (HSTMC), June 2020 – May 2021

Reviewer, Ethics Review Board, Faculty of Behavioral Sciences, Education, and Languages, HELP University, Mar 2020 – May 2021

Faculty Advisor, Last Psych Lecture, HELP University, Jan 2020 – May 2021

Founding Lead, Kenneth Phun Centre for Educational Psychology, HELP University, Aug 2019 – Feb 2021

Bachelor of Psychology Year 1 Coordinator, HELP University, Jan 2020 – Jan 2021

Supervisor, HELP University Academic Research Training, Oct 2015 – Dec 2016; Sept 2019 – Dec 2020

Mentor, Cambridge International Certificate in Teaching and Learning, HELP University, Nov 2019 – Nov 2020

Founding Coordinator, Last Psych Lecture, HELP University, Jan 2016 – Dec 2019

Advisor, Psychology Peer Tutoring Program, HELP University, Jan 2018 – July 2019

Founding Advisor, HELP University Psychology Resources Portal, Jan 2016 – Dec 2018

Founding Advisor, We Don't Say – Inclusive Language Campaign, HELP University, Jan 2016 – Dec 2017

Instructor, PSY 002 - Science for Psychology, HELP University, Aug 2015 – Dec 2017

Instructor, PSY 001 - Mathematics for Psychology, HELP University, Aug 2015 – Dec 2017

Founding Graduate Advisor, Psi Chi Tutoring Program, HELP University, Apr 2016 – Dec 2017

Coordinator, HELP University – Leaderonomics Leadership Character Content Development Project, June 2015 – Dec 2017

Founding Advisor, HELP University Psychology Journal Club, Jan 2015 – May 2017

Member, HELP University Staff Toastmasters Club, Oct 2014 – Dec 2016

Committee Member, HELP University English Language Program, Jan 2015 – Apr 2016

Founding Advisor/Editor, Introspect - HELP University Psychology Newsletter, Dec 2014 – Apr 2016

Member, HELP University International Student Welfare Committee, Sept 2014 – Apr 2015

Coordinator, HELP University Peer-Assisted Learning Program, Jan 2014 – Apr 2015

President, UBC Psychology Students' Association, Apr 2012 – Apr 2013

President, UBC Tamil Students' Association, Apr 2012 – Apr 2013

Acting Vice President, UBC Tamil Students' Association, Jan – Apr 2012

Vice President Academics, UBC Psychology Students' Association, Jan 2011 – Apr 2012

Academic Director, UBC Golden Key International Honors Society, Sept 2011 – Feb 2012

Academic Coordinator, UBC Psychology Students' Association, Sept – Dec 2010

CONFERENCE PRESENTATIONS

- Guo, Z.Z., Raja Reza Shah, R.I.A., Ooi, W.L., **Ramis, T.**, & Tee, E.Y.J. (2019, May 31–June 2). *A cross-cultural comparison on mental toughness and self-defeating behaviours in North American and Malaysian samples* [Conference session]. Canadian Psychological Association 80th Annual National Convention, Halifax, NS, Canada.
- Sugawara, D., Tee, E.Y.J., Nagamine, N., **Ramis, T.**, Miyagawa, Y., & Sugie, M. (2017, April). *Cultural comparisons of mixed emotions by cognitive appraisal theory* [Paper presentation]. Japan Society for Research on Emotions Conference, Kyoto, Japan.
- Tee, E.Y.J., **Ramis, T.**, Fernandez, E.F., & Paulsen, N. (2016, July 4–5). *Responding to injustice: Perception, anger and identification as drivers of collective action* [Paper presentation]. 10th Conference on Emotions and Organizational Life (Emonet X), Rome, RM, Italy.
- Ramis, T.**, Gorzalka, B. B., Dunkley, C. R., & Dang, S. S. (2013). *Self-compassion and sexual functioning* [Conference session]. 15th Annual UBC Psychology Undergraduate Research Conference, Vancouver, BC, Canada.
- Ramis, T.**, Schaller, M., & Eurich, J. (2012). *The effects of activation of parental care motives on empathy* [Poster presentation]. 14th Annual UBC Psychology Undergraduate Research Conference, Vancouver, BC, Canada.

PUBLICATIONS

- Ramis, T.** (2024). *Positive emotions in teaching and learning*.
- Schindler, S., Schuster, C., Olsson, M. I. T., Froehlich, L., Hübner, A.-K.,... **Ramis, T.**, ... & Martiny, S. E. (2024). Policy as normative influence? On the relationship between parental leave policy and social norms in gender division of childcare across 48 countries. *British Journal of Social Psychology*, 1-24. <https://doi.org/10.1111/bjso.12806>
- Saxler, F. M., Dorrough, A. R., Froehlich, L., Block, K., Croft, A., ... **Ramis, T.**, ... & Martiny, S. E. (2024). Did descriptive and prescriptive norms about gender equality at home change during the COVID-19 pandemic? A cross-national investigation. *Personality and Social Psychology Bulletin*. <https://doi.org/10.1177/01461672231219719>
- Ramis, T.** & Loh, S. C. (2024). Mediating effect of psychological needs satisfaction on the relationship between presence and academic motivation during online learning. *International Journal of Education and Practice*, 12(1), 66-81. <https://doi.org/10.18488/61.v12i1.3604>
- Ramis, T.** & Loh, S. C. (2023). Mediating effect of psychological needs satisfaction on the relationship between gratitude and academic motivation during online learning. *Journal of Pedagogical Research*, 7(4), 131-143. <https://doi.org/10.33902/JPR.202322757>
- Terry, J., Ross, R. M., Nagy, T., Salgado, M., Garrido-Vásquez, P., . . . **Ramis, T.**, . . . Field, A. P. (2023). Data from an international multi-centre study of statistics and mathematics anxieties and related variables in university students (the SMARVUS Dataset). *Journal of Open Psychology Data*, 11(8), 1-25. <https://doi.org/10.5334/jopd.80>
- Olsson, M. I. T., van Grootel, S., Block, K., Van Laar, C., Schmader, T., . . . **Ramis, T.**, . . . Martiny, S. E. (2023). Gender gap in parental leave intentions: Evidence from 37 countries. *Political Psychology*. <https://doi.org/10.1111/pops.12880>

- Zhang, J. W., Howell, R. T., Januchowski, J. A., **Ramis, T.**, Mello, Z., & Monroy, M. (2022). Awe, curiosity, and multicultural experience. *Journal of Personality*. <https://doi.org/10.1111/jopy.12766>
- Tee, E. Y. J., Raja Reza Shah, R., **Ramis, T.** & Chai, L. J. (2022). Bent, but not broken: Locus-of-hope and well-being among Malaysians facing economic challenges during the COVID-19 pandemic. *Psychological Studies*. <https://doi.org/10.1007/s12646-022-00653-y>
- Zhang, J. W., Howell, R. T., Chen, S., Goold, A. R., Bilgin, B., Chai, W. J., & **Ramis, T.** (2022). 'I have high self-compassion': A face-valid single-item self-compassion scale for resource-limited research contexts. *Clinical Psychology & Psychotherapy*. <https://doi.org/10.1002/cpp.2714>
- Zhang, J. W., Howell, R. T., Razavi, P., Shaban-Azad, H., Chai, W. J., **Ramis, T.**, . . . Keltner, D. (2021). Awe is associated with creative personality, convergent creativity, and everyday creativity. *Psychology of Aesthetics, Creativity, and the Arts*. <https://doi.org/10.1037/aca0000442>
- Heintz, S., Ruch, W., Aykan, S., Brdar, I., Brzozowska, D., . . . **Ramis, T.**, . . . Wong, P. S. O. (2020). Benevolent and corrective humor, life satisfaction, and broad humor dimensions: Extending the nomological network of the BenCor across 25 countries. *Journal of Happiness Studies*, 21, 2473-2492. <https://doi.org/10.1007/s10902-019-00185-9>
- Zhang, J. W., Chen, S., Tomova, T. K., Bilgin, B., Chai, W. J., **Ramis, T.**, . . . Manukyan, A. (2019). A compassionate self is a true self? Self-compassion promotes subjective authenticity. *Personality and Social Psychology Bulletin*. <https://doi.org/10.1177/0146167218820914>
- Heintz, S., Ruch, W., Platt, T., Pang, D., Carretero-Dios, H., . . . **Ramis, T.**, . . . Torres-Marín, J. (2018). Psychometric comparisons of benevolent and corrective humor across 22 countries: The virtue gap in humor goes international. *Frontiers in Psychology*, 9(92), 1-19. <https://doi.org/10.3389/fpsyg.2018.00092>
- Tee, E. Y., **Ramis, T.**, Fernandez, E. F., & Paulsen, N. (2017). Responding to injustice: Perception, anger, and identification as drivers of collective action. In W. J. Zerbe, C. E. J. Härtel, N. M. Ashkanasy, & L. Petitta (Eds.), *Emotions and identity (Research on emotion in organizations, Vol. 13)* (pp. 17–46). Emerald Publishing Limited.
- Tee, E.Y.J., Teoh, D.S.E., & **Ramis, T.** (2016). Responding to perceptions of electoral fraud: Followership, emotions, and collective action from Malaysia's 13th General Election. In R. Koonce, M. C. Bligh, M. K. Carsten, & M. Hurwitz (Eds.), *Followership in action: Cases and commentaries* (pp. 195–203). Emerald Group Publishing.

GRANTS

- Cintana Education Research Grant for “Exploration of the Impact of Unplugged Computational Thinking Activities on Computing Interest and Performance” (USD2,000) with Sim Tze Ying (awarded on 19th March 2024)
- HELP University Internal Research Grant Scheme (IRGS) for “From Hopelessness to Hopefulness: How Locus of Hope influences Migrant Worker Well-being and Affective Job Satisfaction” (RM5,000) with Eugene Tee (awarded 4th June 2021).

HELP University Internal Research Grant Scheme (IRGS) for “Responding to Injustice – Perceptions and Emotions as Drivers of Collective Action” (RM5,000) with Eugene Tee (awarded 7th December 2017).

HELP University Internal Research Grant Scheme (IRGS) for “Emotions and Collective Action: How do Compassion and Anger Motivate Responses to Transgressions of Human Rights?” (RM5,000) with Eugene Tee (awarded 5th December 2017)

INVITED TALKS / WORKSHOPS

Positive Emotions in Teaching and Learning [Talk]. Malaysia Educational Psychology Society. March 2025.

Mental Health and Wellbeing of Pre-Service Educators [Talk]. Taylor’s College. February 2025.

Education Industry in Malaysia: Challenges and Opportunities [Talk]. Human Resource Development Corporation (HRD Corp). November 2024.

Positive Emotions in Teaching and Learning [Talk]. Student LIFE, Sunway University. September 2024.

Unlocking the Secrets of Student Learning and Engagement [Workshop]. Educational Development and Innovation, Sunway University. March 2024; August 2024.

Unlocking the Secrets of Student Learning and Engagement [Workshop]. Sunway College Ipoh. July 2024.

Grateful minds, successful students [Talk]. Student LIFE, Sunway University. May 2024.

Protecting Yourself Through Self-Compassion [Webinar]. Malaysian Society for Quality in Health and Aesculap Academy. April 2022.

Self-compassion: Loving thyself [Talk]. Student LIFE, Sunway University. February 2022.

Exploring the 'new normal' after the coronavirus outbreak [Audio podcast]. Empowering Lives, HELP University. <https://open.spotify.com/episode/1m2ciD88O5NX9UlpL34qpw>. April 2020.

Scholarships for the few, loans for the many [Forum]. Gerakbudaya. February 2020.

PROFESSIONAL MEMBERSHIPS

International Affiliate Member, American Psychological Association (APA)
Division 2: The Society for the Teaching of Psychology

PSIMA Registered Psychologist, Malaysian Psychological Association (PSIMA)

Full Member, Malaysia Educational Psychology Society (MEPS)

Lifetime Member, Malaysian Association for Education (MAE)

Lifetime Member, Malaysian Academic Movement (MOVE)

Member, Private Education Co-operative of Malaysia (EduCoop)

Member, Southeast Asian Coalition for Academic Freedom (SEACAF)

ADDITIONAL PROFESSIONAL QUALIFICATION

Certified Lean Six Sigma Yellow Belt (LSSYB)